

## SCHOOL MEALS – WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	THREE CHOICE PASTA <b>G</b> TOMATO, PESTO OR CHEESE <b>M</b>	HOMEMADE LASAGNE <b>G M</b>	ALL DAY BREAKFAST SAUSAGE <b>G SU</b> AND BACON	CHICKEN ITALIENNE <b>M</b> (CHICKEN WITH PIZZA SAUCE AND CHEESE)	JUMBO FISH FINGER <b>F</b> <b>G</b>
OPTION 2		TOMATO AND MOZZARELLA PASTRY PUFF <b>G M</b>	OMELETTE <b>E</b>	JACKET POTATO WITH CHEESE <b>M</b> , BEANS OR TUNA MAYO <b>F E</b>	ROASTED VEGETABLE AND CHEESE FAJITA <b>G</b> <b>M</b>
ON THE SIDE	FRESH BREAD <b>G</b>  SALAD BAR	GARLIC BREAD <b>G</b> SALAD BAR	HASH BROWN, SCRAMBLED EGG <b>E</b> , MUSHROOMS, TOMATOES, BAKED BEANS AND BREAD <b>G</b>	NEW POTATOES BROCCOLI SALAD BAR	CHUNKY CHIPS PEAS BREAD <b>G</b> SALAD BAR
DESSERT	FLAPJACK <b>G</b> WITH FRUIT	CHOCOLATE CAKE <b>G E</b> WITH CHOCOLATE CUSTARD <b>M</b>	FRESH FRUIT SALAD	MIXED FRUIT CRUMBLE <b>G</b> AND POURING CREAM <b>M</b>	AUTUMNAL FRUIT MUFFIN <b>E G</b>

PLEASE NOTE, ANY ALLERGIES WE WILL TRY OUR BEST TO CATER FOR. ANY CHILDREN WITH ALLERGIES ARE WELCOME TO CHOOSE ANY MEAL AND WE WILL DO OUR BEST TO ACCOMMODATE THEIR REQUEST WITH GLUTEN/ MILK FREE/ALTERNATIVES. IF ANY CHILDREN ARE VEGETARIAN PLEASE CAN THEY MAKE THEMSELVES KNOWN TO US AND WE WILL BE HAPPY TO DO THEM A VEGETABLE/QUORN ALTERNATIVE TO ANY OPTION 1 MEAL.

**G= CONTAINS GLUTEN M= CONTAINS MILK E=CONTAINS EGG S=CONTAINS SOYA MU=CONATINS MUSTARD C= CELERY SU=SULPHITES**